

July 3, 2018

“For Safety’s Sake - Do Something”



SSOE GROUP IS A PROJECT DELIVERY FIRM FOR ARCHITECTURE, ENGINEERING, AND CONSTRUCTION MANAGEMENT.

Celebrate!

It’s the season for picnics, parties, and fireworks! Practicing common sense will make the festivities more enjoyable for you and those around you. Here are a few reminders about heat, food, alcohol, and firework safety to prevent sickness and injury, and help keep the fun going all summer long.

HEAT SAFETY

- If it’s too hot, reschedule or reduce strenuous activities.
- Wear lightweight and light colored clothing, and don’t forget to wear a hat.
- Don’t exceed your physical capabilities and give yourself time to acclimate to the activity and the high temperatures.
- Drink plenty of water.
- Keep a sharp lookout for coworkers, family, children, and the elderly. Don’t forget the pets.

FOOD SAFETY

- Store cold food at 40° or below.
- Keep raw meat, poultry, and seafood securely wrapped.
- Cook food thoroughly.

ALCOHOL SAFETY

- Know your limits.
- Stay hydrated; drink water in between cocktails.
- Avoid swimming or boating when inebriated.
- Call a taxi cab or use a designated driver if you have to travel after drinking.

FIREWORK SAFETY

- Obey local laws regarding the use of fireworks.
- Read all labels and performance descriptions before igniting.
- A responsible adult SHOULD supervise all firework activities. Never give fireworks to children.
- Use fireworks outdoors in a clear area.
- Light one firework at a time and then quickly move away.
- NEVER relight a “dud” firework. Wait 20 minutes and then soak it in a bucket of water.
- Always have a bucket of water and charged water hose nearby.
- Do not experiment with homemade fireworks.
- Alcohol and fireworks do not mix.

